

April 12th 9:30am-3:30pm EST. Sessions 1 9:30-11

Session 2 11:30-1 Session 3 1:30-3

 $\begin{array}{c} \text{individual coaching} \\ 3-3:30 \end{array}$

Each cohort includes (3) 90-minute foundation building sessions that introduce leaders to basic skills needed to build active affinity groups, resource groups and more.

REGISTER HERE!

JOIN A 2025 COHORT FOR VIRTUAL

Group Learn to launch and leap

PSYCHOLOGICALLY SAFE AND BRAVE SPACES

Session 1:

- Learn the foundation for what spaces are designed for.
- Understand the positive impact of groups.
- Explore different types of groups.

Session 2:

- Explore creating spaces for your organization.
- Build your case to create a psychologically safe/brave space.
- Create a vision and set goals for your psychologically safe place.
- Learn to build psychologically safe/brave spaces and establish norms.

Session 3:

- Discover leader self-care and support.
- Explore how to overcome leader and facilitator challenges.
- Create tools you'll need to lead your space and your groups (i.e. agendas, scheduling, activities, discussion questions, goals, etc.).
- Learn techniques for engagement and participation.

Rates:

\$550/person

Group rate: \$500/person of groups of 3 or more



