March 6th 6pm-7:30pm EST.

Session 1

March 13th 6pm-7:30pm EST. Session 7.

March 27th 6pm-7:30pm EST. Session 1

Each cohort includes

(3) 90-minute foundation
building sessions that
introduce leaders to basic
skills needed to build active
affinity groups, resource
groups and more.

**REGISTER HERE!** 

# **JOIN A 2025 COHORT FOR VIRTUAL**

# Group Leader Training

LEARN TO LAUNCH AND LEAD
PSYCHOLOGICALLY SAFE AND BRAVE SPACES

### **Session 1**:

- Learn the foundation for what spaces are designed for.
- Understand the positive impact of groups.
- Explore different types of groups.

## Session 2:

- Explore creating spaces for your organization.
- Build your case to create a psychologically safe/brave space.
- Create a vision and set goals for your psychologically safe place.
- Learn to build psychologically safe/brave spaces and establish norms.

#### Session 3:

- Discover leader self-care and support.
- Explore how to overcome leader and facilitator challenges.
- Create tools to lead your groups (i.e. agendas, scheduling, activities, discussion questions, goals, etc.).
- Learn techniques for engagement and participation.

#### Rates:

\$550/person

Group rate: \$500/person of groups of 3 or more



